



WHAT ARE THE STRATEGIES FOR QUALIFIED MENTAL HEALTH CARE FOR CHILDREN?

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Before knowing the strategies, did you know that...

...intersectoral care between health and education enables co-responsibility in care, identifying and accompanying the child and their family?

...it is in the territory that childhood care should take place, with the identification and monitoring of the child and their family, encouraging the team's commitment?

...to learn about care strategies can support child mental health services managers?



Are you curious???

So let's get to know the strategies that were identified!!!

1. Service-friendly environment:

- **Physical structure:** rooms for meetings; offices; accessibility; proper waiting room to welcome patients;
- **Visual language:** ambiance in the colors of the details in the decoration; murals; room identification;
- **Acclimatization:** it is important to welcome the child and the family during rigorous summer or winter days.

2. Welcoming:

- Enables approximation between child, family, and professionals, strengthening the bond;
- It is essential to promote a space with privacy, allowing to create a bond between the child and the health professional.

3. Home visit:

- It makes possible to observe the routine and have a closer relationship with the families;
- Identifies cases that require child mental health care;
- It is carried out by health professionals and mainly by Community Health Agents.

4. Contact with the school:

- Favors the possibility to identify cases that require child mental health care;
- Promotes the integration of the school with the health team, mainly with the help of the Community Health Agents, who take cases for discussion in meetings with the Family Health Strategy team.

5. Matrix support:

- Cases of greater therapeutic complexity that require a multidisciplinary approach are taken to meetings with the Specialized Team in Child and Adolescent Health;
- The use of Telehealth by the Family Health Strategy team might help as matrix support to avoid the worsening of the child and the family suffering due to the time taken to get to adequate care.

6. Team meetings:

- Integrate the emerging demands of the school, community, and community agents for referrals and care plans;
- Allow team integration, providing the planning of care offered in the context of child psychosocial care;

Remember that to apply these strategies, it is important that...

...there must have a connection between the Family Health Strategy teams, the Family Health Support Center, and the Psychosocial Care Center in the territory covered by the Family Health team, as well as the Child Protective Services, characterizing this is a network.

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